

## NUMAT Partners:

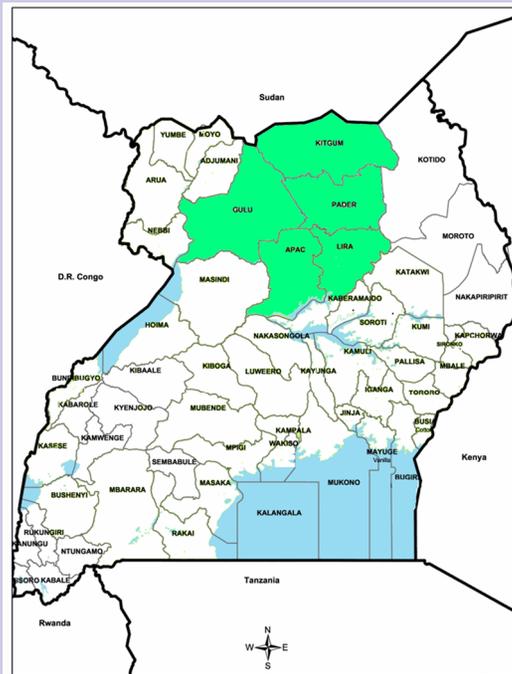
JSI Research and Training Institute, Inc.

AIDS Information Center

World Vision

## Geographic Targets:

Sub regions of Acholi and Lango. Districts of Gulu, Amuru, Kitgum, Pader, Lira, Amolatar, Dokolo, Apac and Oyam.



# NUMAT: Northern Uganda Malaria, AIDS, and TB Programme

NUMAT  
P. O. Box 946  
Gulu, Uganda  
Phone: (256) 041 221 581,  
0312 264 976/7  
[info@numatuganda.org](mailto:info@numatuganda.org)

## BACKGROUND

Northern Uganda Malaria AIDS and Tuberculosis Program (NUMAT) is a five-year USAID-funded program based in Gulu that is collaborating with the Ministry of Health and working through existing health structures in Northern Uganda to improve access to TB, HIV and malaria services.

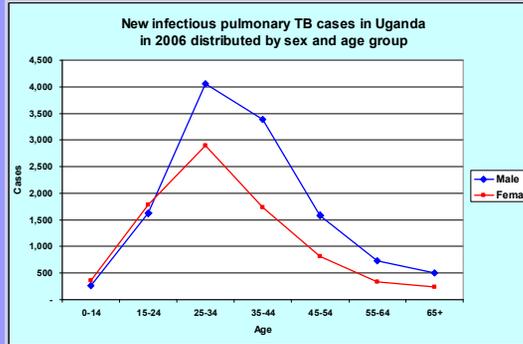
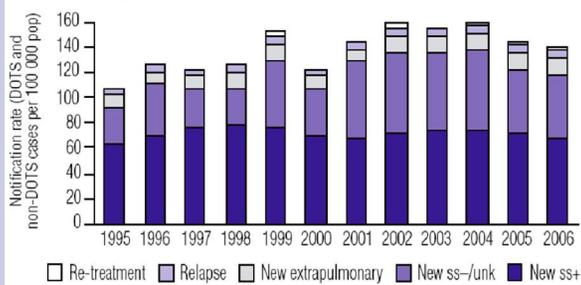
The interaction of TB and HIV is increasing the burden of both diseases. HIV is the biggest risk factor for the development of active TB among individuals with latent TB infection; at the same time TB remains a leading cause of morbidity and mortality for people living with HIV/AIDS (PLWHA).

The HIV pandemic presents a massive challenge to the control of tuberculosis at all levels. Tuberculosis is also one of the most common causes of morbidity and the leading cause of mortality in PLWHA.

In Uganda, an estimated 50% of TB patients are also co-infected with HIV and approximately 30% of all deaths among PLWHA are attributed to TB.

### Case notifications

Notification rates peaked around 2003 and are now declining



NUMAT is actively involved in the implementation of TB/HIV collaborative activities to improve the quality of services delivered to co-infected patients. This northern region has a high TB burden as evidenced by a high population in Internally Displaced Peoples (IDP) camps and an HIV-prevalence rate higher than the national average.



NUMAT has supported the districts' TB/HIV collaborative activities through multiple interventions including:

- ✦ training of health workers in TB/HIV collaborative activities;
- ✦ conducting support supervision in specific identified areas especially record management and reporting;
- ✦ training Village Health Team Members to sensitize communities on TB/HIV interaction;
- ✦ supporting the Zonal TB supervisor, District TB supervisors and the Sub County health workers in conducting regular technical support supervision;
- ✦ strengthening laboratory capacity of health facilities through training, refurbishment and supply of equipment and reagents.
- ✦ increasing community awareness on TB by supporting radio talk shows and production of IEC material.

